



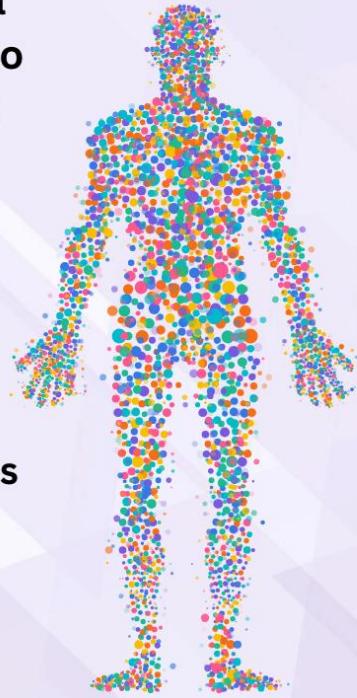
Weekend@the HUB

14th -15th February 2026

“Be the Body”

Join us for a great opportunity to grow as a church family as we have fun, worship, get to know each other, learn together and equip and inspire one another.

- Uplifting worship with Syndesis
- Practical training
- Meals, coffee and cake provided
- Fun evening activities
- Choose from a range of optional workshops and activities for all ages
- Fun photo booth
- Discover more about the church and celebrate with the family



Saturday 14th

10:30 – 11:00	Arrival, registration and coffee (welcome area)
11:00 – 11:45	Welcome and worship (chapel)
11:45 – 12:30	Teaching Session 1 God Space: The Art of Natural Spiritual Conversations Children's activities – (memorial hall) Creche available with video link (parents to supervise own children)
12:30 – 13:50	Lunch (main hall and memorial lounge) <i>(either bring packed lunch or rolls and salad, select at sign up)</i>
13:50 – 14:25	Afternoon workshop 1 (see options below, children must be accompanied by an adult)
14:25 – 14:30	Changeover
14:30 – 15:15	Afternoon workshop 2 (see options below, children must be accompanied by an adult)
15:15 – 15:45	Coffee (welcome area)
15:45 – 16:10	Worship (chapel)
16:10 - 16:55	Teaching Session 2 God Space: The Art of Natural Spiritual Conversations Children's activities – (memorial hall) Creche available with video link (parents to supervise their own children)
16:55 – 17:15	Worship (chapel)
17:15 – 17:45	Preparation for dinner
17:45- 19:00	Dinner and Quiz
19:00 – 20:00	Ceilidh (Scottish dancing for all ages) (Memorial hall)
20:00 – 20:30	Clearing up and set up for Sunday



Workshop 1 Options (children must be accompanied by an adult)

A. Active Games

If you love sports and running around this is for you. Join our young people for fun and active team games in our large hall

Room

Memorial Hall

B. Local scenic walk (approx. 1.5 hours)

Enjoy God's creation and each other's company on while exploring local parkland. (weather permitting, please bring suitable shoes and clothing). This will continue into the second workshop slot

Meet at Hub

Reception 13:50

C. Craft	Lower Lounge
<i>A great opportunity for all ages to express the creativity God has given us with several options of what to make</i>	
D. Art	Walnut
<i>Learn how to express our worship through drawing and painting. Materials and guidance are provided and no experience is necessary!</i>	
E. Drama	Chapel
<i>Explore a fun way to communicate a Bible message</i>	
F. Prayer Walking	Meet in Welcome area
<i>A great way to pray for our town and listen to God. Guidance will be given on how to prayer walk and you will be led on a short prayer walk in our local area</i>	
G. Scrolling Safely: Helping Your Kids (and Yourself) Navigate the Online World (with Matt and Andy Banks)	Hazel Room
<i>A practical workshop, particularly for parents and caregivers on how to guide your children—and yourself—through the pressures, risks, and anxieties of the social media world. Learn simple strategies for healthy boundaries and digital confidence in an online age.</i>	
H. Video for children (parents to supervise)	Beech room
I. Prayer Room	Cedar Room
<i>Space for individual prayer or enjoying peace and quiet in God's presence</i>	
Workshop 2 Options (children must be accompanied by an adult)	Room
A. Exercise for all (with Kim Mullard)	Memorial hall
<i>Exercise your body to praise music. This is suitable for all ages and abilities – you can use a chair if you wish and do as much or as little as you like – or take a breather and watch the livelier ones</i>	
B. Scenic Walk (continues from first session)	-
C. Craft (as above)	Lower Lounge
D. Art (as above)	Memorial lounge
E. Worship (with Syndesis)	Chapel
<i>Explore with Syndesis how to grow in worshipping God through song and music and learn a new song! Bring an instrument if you have one. No musical experience necessary.</i>	
F. Family Party Games (with Miriam)	Main Hall
<i>Brilliant all age fun and silliness for all members of the church family and a great chance to get to know each other better</i>	
G. Feeding the body with God's word: the what, how and why of reading the Bible (with Sam Lenton)	Hazel Room
<i>This workshop will explore why and how we can read the Bible, while offering practical suggestions for approaches to try as we look to establish good habits and go deeper in our reading and reflection.</i>	
H. Video for children (parents to supervise)	Beech room
I. Prayer Room (as above)	Elm Room

Sunday 15th

10:15 – 12:15 All age celebration (chapel)

Including refreshments, worship, all-age communion and opportunities to learn about what various teams and ministries in the church get up to.



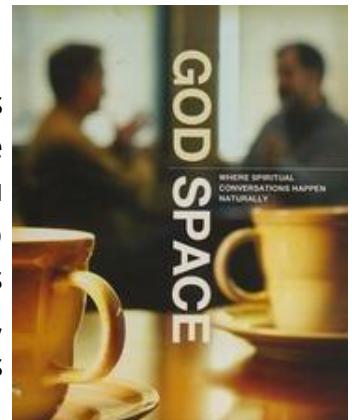
Syndesis

We're delighted that our former Ministry trainee, Joel Phillips is coming with his friends Kaleb, Alex, Thomas and Seb (a.k.a) Syndesis to lead us in worship



God Space

Andy Banks will guide us through training based on Doug Pollock's resource, *God Space*, providing practical tools to help you increase both the quality and quantity of your spiritual conversations. Do you ever feel a nudge to share your faith but hesitate, unsure of what to say or how to start without it feeling forced? This training will help us to move beyond "sales pitch" evangelism to discover how **noticing, serving, listening, and wondering** can create safe, authentic spaces for others to encounter God.



Booking is essential: go to
www.unionbaptist.org.uk/weekendatthehub
or call the church office
Booking closes on Sunday 8th Feb!



Don't forget to bring...

Bible, Notebook & Pen
Picnic Lunch (optional),
Reusable Cup/Mug with lid

